### **Services**

### **Outpatient Programs & Services**

- · individual, couples and family therapy
- medication evaluation & management
- case coordination/management
- short-term therapy groups
- school-based therapy
- child & youth crisis stabilization program
- community awareness & education

#### Rehabilitation Programs

- child psychiatric rehabilitation
- Supported Employment Program (SEP)
- adult psychiatric rehabilitation
- adult residential rehabilitation
- Transitional Aged Youth (TAY)

### Community & Specialized Services

- parenting education & support
- intensive case management
- customized EAP programs
- pre-employment screenings
- employee workshops
- professional growth workshops
- critical incident de-briefing
- anger management workshops

UBCSS, Inc. is dedicated to excellence in providing a broad & expanding range of behavioral health care services.

Non-Profit Org U.S. Postage PAID Elkton, MD Permit #30

Upper Bay Counseling & Support Services, Inc. Professional Learning Institute

Address Service Requested

Elkton, MD



# **UPPER BAY COUNSELING**& SUPPORT SERVICES, INC.



UBCSS Professional Learning Institute

# Reframing Trauma:

### A Strengths Based Perspective



# **UBCSS Professional Learning Institute**

presents

### Reframing Trauma: A Strengths Based Perspective

Presented by Brian Matwiejewicz, LCSW-C

Thursday, June 7, 2012 12:00 pm - 4:30 pm

Elkton Municipal Bldg Activity Room 100 Railroad Ave. Elkton, MD 21922 4 CEU's

**Social Workers** - Upper Bay Counseling & Support Services, Inc. is an approved provider of CEU credit hours of category I continuing education for social workers licensed in Maryland.

Counselors - Upper Bay Counseling & Support Services, Inc. is an NBCC-Approved Continuing Education Provider (ACEP<sup>TM</sup>) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.



For more information go to <a href="http://upperbay.org/training.htm">http://upperbay.org/training.htm</a>
or contact: Marylou Biasotto, LCSW-C
Manager of Training and Outcomes

<a href="mailto:mbiasotto@upperbay.org">mbiasotto@upperbay.org</a>
410-996-3401 ext.1285



### **Outline**

- Review basic definition of trauma, distinguishing between "trauma" as an event and "trauma" that is residue left behind
- Introduction of the strengths based perspective, including the four tenets specific to trauma treatment
- General discussion of symptoms as coping strategies and how these develop
- Discussion of adult manifestation of trauma
- Discussion of trauma assessment and how this can help clients develop a framework in which to heal.
- More in-depth look at maladaptive coping strategies and how children use these to survive, with a discussion of how these eventually cause negative side effects for them.

### **Learning Objectives**

Participants will:

- Be able to define trauma and explain the idea of traumatic residue,
- Be able to define/explain the 4 tenets of the strengths-based perspective as it pertains to trauma treatment.
- Identify at least 3 advantages of using a strengths-based perspective with their traumatized clients
- Identify at least 3 manifestations of trauma for both the child and adult trauma survivor.
- Identify at least 3 considerations to make in collecting a comprehensive history of the trauma survivor

## Please Register Online Register online even if paying by check!

http://traumaseries..charityhappenings.org

UBCSS Staff use discount code "Staff"

#### **Registration and Payment**

To register by mail, send payment with completed registration to: UBCSS Professional Learning Institute Attn: Ceal Powell 1275-B W. Pulaski Hwy Elkton, MD 21921
For more information, email cpowell@upperbay.org or call 410-996-3401 ext. 1204
Registration Form
Name:
Address:
City: State Zip Code
Phone: Email
Reframing Trauma: A Strengths Based Perspective Cost of Seminar \$40
Payment Total Enclosed \$
Please circle: Check Visa MC Discover  Make check payable to UBCSS
Card #
Exp. Date
Signature

www.upperbay.org