

# Upper Bay Counseling & Support Services, Inc.

## ASSERTIVE COMMUNITY TREATMENT (ACT)

### REFERRAL PACKET

### The Referral Process

Referrals to Assertive Community Treatment (ACT) teams will be accepted from professionals/providers of treatment and/or any other agency/hospital involved in the provision of Behavioral Health Services.

### ASSERTIVE COMMUNITY TREATMENT-CRITERIA FOR ELIGIBILITY

<b>Part 1: Must meet ALL criteria in Part 1 to be eligible for ACT</b>		
	<b>Yes</b>	<b>No</b>
Adult (18 years of age or older)		
Diagnosis: Individuals with a priority population diagnosis in the DSM V. Individuals with a primary diagnosis of substance use disorder, mental retardation, or brain injury are not the intended consumer group.		
Difficulty utilizing traditional cases management or office based outpatient services or evidence that they require more assertive and frequent non-office based services to meet their clinical needs.		
<b>Part 2: Must meet two (2) out of the six (6) criteria in Part 2 to be eligible for ACT</b>		
<b>Admission Criteria:</b>		
A minimum of two psychiatric hospitalizations in the past 12 months or multiple ED visits for psychiatric reasons		
Intractable (persistent or very recurrent) severe major symptoms (affective, psychotic, suicidal)		
Co-occurring mental illness and substance use disorders more than six (6) months duration at the time of contact		
High risk or recent history of criminal justice involvement which may include frequent contact with law enforcement personnel, incarcerations, parole or probation.		
Literally homeless, imminent risk of being homeless, or residing in unsafe housing.		
Residing in an inpatient or supervised community based residence but clinically assessed to be able to live in a more independent living situation if intensive services are provided, or requiring residential or institutional placement if more intensive services are not available.		

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## ASSERTIVE COMMUNITY TREATMENT

### ADMISSION REFERRAL FORM

**Note: This form must be completed in its entirety and submitted with ALL supportive documentation: Psychiatric evaluation, Copy of current MA card, Treatment history, psychosocial history, Copy of recent lab results, recent progress notes and any other documentation which will support the individuals's eligibility for Assertive Community Treatment team services. Whichever criteria the consumer meets MUST be supported by documentation or the referral will be incomplete and the assessment will not occur.**

**Date of Referral:** \_\_\_\_\_

#### **I. General Consumer Information**

Name (Last, First, Middle): \_\_\_\_\_

Maiden/Other Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ County: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_

Sex (Circle One) Male Female Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: \_\_\_\_\_

Primary Language: \_\_\_\_\_ Religious Affiliation: \_\_\_\_\_

Medical Assistance Number: \_\_\_\_\_ Category of assistance: \_\_\_\_\_

**If currently hospitalized:** Name of hospital: \_\_\_\_\_ Date Admitted: \_\_\_\_\_

Social worker: \_\_\_\_\_ Telephone: \_\_\_\_\_

Projected D/C Date: \_\_\_\_\_

Interested family member/friend: Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

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Presenting  
Problem: \_\_\_\_\_

\_\_\_\_\_

Reason for  
Referral: \_\_\_\_\_

\_\_\_\_\_

Has this referral been discussed with consumer Yes \_\_\_\_\_ No \_\_\_\_\_

Has the consumer agreed Yes \_\_\_\_\_ No \_\_\_\_\_

## **II. Identifying Information**

Hair Color: \_\_\_\_\_ Eye Color: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Glasses: \_\_\_\_\_ Contact Lenses: \_\_\_\_\_

Dentures: \_\_\_\_\_ Upper: \_\_\_\_\_ Lower: \_\_\_\_\_ Needed

Hearing Aid: \_\_\_\_\_ Other Prosthesis: \_\_\_\_\_ Physical Limitations: \_\_\_\_\_

## **III. Current Medical Information**

Current Diagnosis (DSM V): Disorders and Conditions (Previously Axis I-III) \_\_\_\_\_

\_\_\_\_\_

Important Psychosocial and Contextual Factors (Previously Axis IV) \_\_\_\_\_

\_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Community and state hospitalizations (List/date any hospitalizations within the last 12 months)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Current Medications / Dosages / Frequency:

Requires Monitoring: \_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies / Medications / Substance: \_\_\_\_\_ Reaction: \_\_\_\_\_

## **Clozaril Treatment (if applicable)**

Date began Treatment: \_\_\_\_\_

Where: \_\_\_\_\_

Present treatment facility: \_\_\_\_\_

Dosage: \_\_\_\_\_

How is Clozaril being monitored at present? \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Dentist: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Neurologist: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Other Doctor: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Current medical condition (acute or chronic medical problems). Current medications for medical problem and family history of/or current medical problems: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **IV. Current/previous treatment history**

Is there any current involvement with mental health services? \_\_\_\_\_ Yes \_\_\_\_\_ No

Length of service: \_\_\_\_\_

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Which County is involved with individual: \_\_\_\_\_

Total number of State hospital admissions: \_\_\_\_\_

List prior treatment facilities (out-patient, partial hospitalization, etc... include outcome and consumer's participation) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## V. Drug and alcohol History

Substances used (frequency, evaluations, treatment, and treatment effectiveness for both family and consumer)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## VI. Financial Information

Source(s) of Income: \_\_\_\_\_

Amount of Monthly Income: \_\_\_\_\_

Has SSI / SSD / MA Application been started? \_\_\_\_\_ By Whom: \_\_\_\_\_

Other sources of income (include any bank accounts or life insurance policies):  
\_\_\_\_\_  
\_\_\_\_\_

Does individual have a Rep-Payee? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ One is needed

If Yes, Name \_\_\_\_\_ Address: \_\_\_\_\_

Relationship: \_\_\_\_\_ Agency: \_\_\_\_\_

Telephone: \_\_\_\_\_

Does Individual have a guardian? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ One is needed

If Yes, Name \_\_\_\_\_ Address: \_\_\_\_\_

Relationship: \_\_\_\_\_ Agency: \_\_\_\_\_

Telephone: \_\_\_\_\_

## VII. Social History

Does individual have a secure living arrangement? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ One is needed

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If No, where is individual currently living? \_\_\_\_\_

Describe any problems with past living arrangements? (ex....Past due rent, property damage, etc...)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Where would the individual prefer to live: \_\_\_\_\_

Are these living arrangements possible/available: \_\_\_\_\_

Are there any family supports available: \_\_\_\_\_

Any family history of mental illness: \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, Who? \_\_\_\_\_

Any criminal/legal history? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, explain

\_\_\_\_\_

History of behaviors (include when, toward whom, and if weapons were involved)

Assaultive/Aggressive \_\_\_\_\_

Homicidal \_\_\_\_\_

Suicidal \_\_\_\_\_

Physical Abuse \_\_\_\_\_

Sexual Abuse \_\_\_\_\_

Fire Setting \_\_\_\_\_

## **VIII. Educational/Vocational History**

Completed Grade level: \_\_\_\_\_ College or Vocational? \_\_\_\_\_

Currently Employed? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, where? \_\_\_\_\_

\_\_\_\_\_ part-time \_\_\_\_\_ full-time \_\_\_\_\_ hours/days working

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**IX. Other relevant information about being referred for ACT and their need for ACT services**

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Name of person completing referral \_\_\_\_\_

Agency/Hospital: \_\_\_\_\_

Date: \_\_\_\_\_

Date Received: \_\_\_\_\_

Disposition of Referral:

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