

Upper Bay Counseling and Support Services, Inc.
Adult Psychiatric Rehabilitative Program
Frequently Asked Questions

What is the PRP?

Adult PRP is a Psychiatric Rehabilitative Program. It offers you a variety of supportive services for adults with serious mental health issues.

What kind of services are provided?

Adult PRP has a day program available. The day program offers groups that promote mental and physical health wellness, as well as offsite community support and outreach to develop independence within the community. Some examples are:

- Opportunities to develop & increase your independent living skills
- Mental health symptom management & support
- Co-occurring disorders support (for individuals experiencing both substance abuse & mental health issues)
- Educational & supportive groups
- Assistance developing & maintaining a support network
- Entitlement assistance & budgeting
- Recreation & socialization activities
- Counseling
- Problem solving
- Assistance with locating housing
- Hospitalization prevention planning
- Nutrition & health
- Job readiness
- Community based services & appointments

How long before I can receive services once I have been referred?

The rehabilitation specialist calls you to set up an appointment for your PRP needs assessment within 48 hours, upon your approval for PRP services. Once you have your assessment, you can start services the next day.

Can I get both on-site and off-site services?

Yes, you can receive one or both.

Is there transportation available?

Yes we offer van service to and from the program.

Can I get transportation for other appointments?

Yes, this can be coordinated with you PRP counselor, but that must be set up in advance with the program. (24-48 hours). If you are eligible to ride the Medical Van, you will get assistance to sign up for this service, as PRP cannot accommodate all appointments.

Will a counselor be assigned to me?

Yes, as soon as you have completed the PRP rehabilitation needs assessment, a counselor will be assigned to work with you. However, you will become acquainted with all the counselors, so if your counselor is out, there is always a backup person to assist you.

If I choose on site services, how often can I come?

The SHARE program is open M, W, Th, 10:00am- 12:30pm, and T, F, 11:00am- 12:30pm. You can come as often as you choose. The Hope for Tomorrow Program is open 9:30- 12:15. The days you come on site will be determined once you have had your PRP rehabilitation needs assessment. In order to successfully work on your goals, you should participate in a minimum of 6 services per month.

If I am having a problem with my services, who do I speak to?

We have an open door policy and you can speak with the PRP Program Manager and/or counselor at any time.

Who is eligible for PRP services?

Individuals must be at least 18 years old, have active Medical Assistance, be actively involved in individual therapy, and diagnosed with a severe and persistent mental illness (see list of priority population diagnosis).

Who do I contact about referrals for these services?

PRP-Share Program
Cecil County
Olivia Davidson, Program Manager
(phone) 410-996-5104 x1156
(fax) 410-996-5197

PRP-Hope for Tomorrow Program
Harford County
Sydney Thompson, Program Manager
Work cell: 443-945-3309
(fax) 410-939-8748